



Ministry of Health



We are leading a comprehensive national response to Mpox, ensuring interagency collaboration, adequate funding, and implementing policies that protect all citizens while combating stigma. Our commitment is to safeguard public health and maintain Kenya's resilience against emerging threats.

**Dr. Deborah Mlongo Barasa**  
Cabinet Secretary for Health

**Mpox Updates**

**For more information,** contact the Ministry of Health hotline at: 719 or 0729 471414 / 0732 353535

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We are mobilizing resources to fortify our Mpox preparedness and response capabilities. Our focus is on expanding testing facilities, intensifying public awareness campaigns, and coordinating with county health systems to ensure a unified, effective approach to protect all Kenyans.

**Mary Muthoni, CBS**

Principal Secretary,  
State Department for Public Health  
and Professional Standards

**Mpox Updates**

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**Harry Kimtai, CBS**  
Principal Secretary,  
State Department for Medical Services



We are enhancing our healthcare system's capacity to diagnose, treat, and manage Mpox cases efficiently. By equipping our medical facilities, training healthcare workers, and streamlining patient care protocols, we ensure that every Kenyan has access to timely and effective Mpox treatment. Our commitment is to excellence in medical services, even as we face emerging health challenges.

**Mpox Updates**

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**Dr. Patrick Amoth, EBS**  
Director General for Health



Our strategy against Mpox combines rigorous surveillance, rapid response, and evidence-based interventions. We are strengthening healthcare capacity, enhancing laboratory diagnostics, and prioritizing community engagement to effectively manage and contain this public health challenge.

**Mpox Updates**

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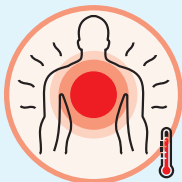
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*#MpoxAlert*

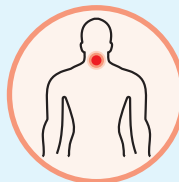
# Mpox Symptoms can appear 2-21 days after infection



Skin Rash



Fever



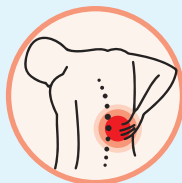
Sore Throat



Headache



Body Aches






Back Pain



Swollen Lymph  
Nodes

**If you experience any of these symptoms,  
seek urgent medical attention.**

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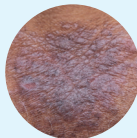
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# Mpox causes a distinctive rash

**Mpox**



Other types of rashes  
that are NOT Mpox



Eczema








Chicken pox



Heat rash

**If you are unsure about rash or lesions,  
consult a healthcare provider immediately  
for proper diagnosis and treatment.**

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# Mpox Preventive measures

**Avoid close contact with infected individuals.**  
Abstain or maintain only one sex partner



**Avoid sharing personal items**  
like towels, utensils or clothing



**Wear protective gear** if caring for someone with Mpox



**Wash hands with soap and water** or use hand sanitizer when soap is not available



**Improve ventilation** in shared spaces



**Clean shared surfaces** regularly



## Protect yourself from Mpox.

For more information, contact the Ministry of Health hotline at: 719 or 0729 471414 / 0732 353535



# Travel Advisory Tips

## Before Traveling:

Check health advisories for your destination

Avoid non-essential travel to areas with Mpox outbreaks

Ensure you have travel insurance that covers medical care

## While Traveling:

Avoid close contact with sick individuals

Maintain hygiene by washing hands frequently

Stay informed about local destination health updates



**Always Travel Safe.**








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# Early Detection Saves Life



**Seek immediate medical attention  
if symptoms appear.**

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# Stay Alert and Vigilant



**Remain vigilant and report any suspected cases to the nearest health facility or call our hot line numbers 719 or 0729471414 or 0732353535.**

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# If You Suspect Mpox Infection

**Seek medical attention immediately**

**Isolate yourself**  
to prevent spreading the virus






**Follow medical advice**  
and complete the full course of treatment

**Inform close contacts**  
so they can monitor their health



**Protect yourself from Mpox.**

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# If You Have Been in Contact with a Sick Person

**Monitor your health for 21 days**

**Look out for symptoms like skin rash, fever, and body aches**


**Avoid close contact with others during this period**

**Seek immediate medical advice**



**Always Stay Safe and protect others.**

**For more information, contact the Ministry of Health hotline at: 719 or 0729 471414 / 0732 353535**

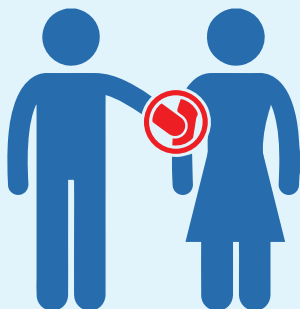
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# Stop Mpox Spread

Keep your distance from individuals with symptoms



Do not share personal items like towels, utensils, or clothing








Maintain good hygiene by washing hands frequently



**Always Practice Safe Health Habits.**

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# Mpox can be severe

Pregnant women, children, elderly,  
and persons with chronic medical conditions



**Seek medical care if symptoms appear.**

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## Pregnant women with Mpox can infect the unborn child



**Seek medical care immediately.**

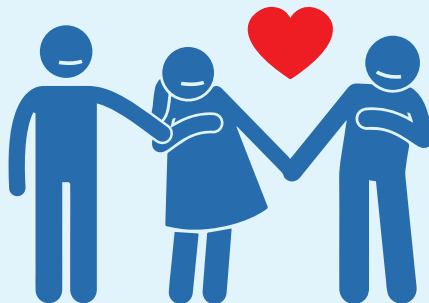
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**Healthcare workers, people in close contact with confirmed cases, and those with multiple sexual partners have a higher chance of getting infected**



**Take necessary precautions  
and protect yourself from Mpox.**

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# Stop Mpox Spread

Avoid close contact with infected individuals






Do not share personal items like towels, utensils, or clothing

Be cautious with wild animals



**Always Stay Safe.**

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# Follow These Safety Steps

Maintain good hygiene by washing hands frequently



Remain vigilant and follow health guidelines








Seek medical attention if symptoms appear



**Stay Safe and protect others from Mpox.**

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# Do Not Spread Rumours



**Act Now, Make a Difference.**

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# Mpox Spreads

Through person to person, through touch, kissing, sex, by talking or breathing close to someone who has Mpox.

From infected animals, when hunting, skinning, or cooking them.





From contaminated materials, such as sheets, towels, clothes or needles.

During pregnancy, when the virus may be passed on to the unborn baby.



## Protect Yourself and Others from Mpox.

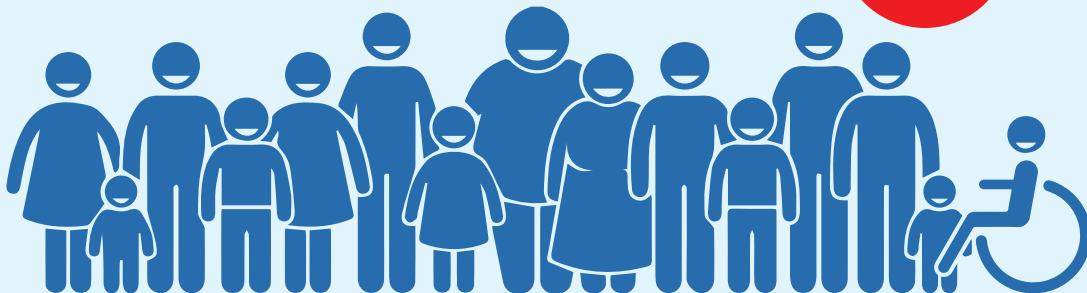
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# Mpox Affects Everyone



**Avoid stigma and discrimination.  
Support those who may be infected or at risk!**

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# Mpox can spread from human to human through:



**Direct Contact**  
close contact with  
lesions, body  
fluids, respiratory  
droplets

**Indirect Contact**  
contaminated  
materials such as  
beddings, towels,  
or clothing



**Don't Share Personal Items.  
Protect yourself and others from Mpox.**

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**If you've been in close contact  
with someone who has Mpox,  
monitor your health closely for 21  
days after the last date of contact**



**Seek immediate medical attention  
if symptoms appear.**

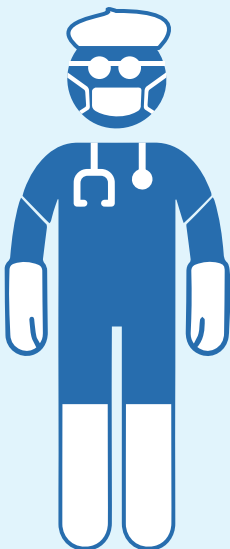
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# Use Proper PPE when Treating a patient with Mpox



**Always use appropriate personal protective equipment (PPE) when caring for patients with suspected or confirmed Mpox.**

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# Teach your children Good Hygiene



**Teach them about good hygiene practices  
and the importance of avoiding close contact with sick individuals.**

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# Recovery from Mpox usually takes 2-4 weeks



**During this time, it's crucial to isolate to prevent spreading the virus to others.**

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# The Ministry of Health is working diligently to control the spread of Mpox



**Your cooperation in following guidelines is vital.**

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# Early Detection Saves Life



**With proper precautions and timely medical care,  
we can effectively manage Mpox in our community.**

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