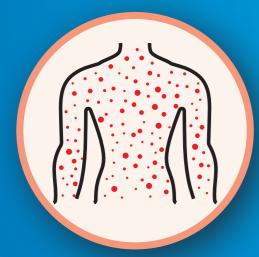
is a viral disease transmitted directly through contact with sick persons or indirectly through contact with their personal items.



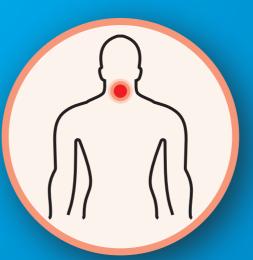
Mpox Symptoms can appear 2-21 days after infection



Skin Rash



Fever



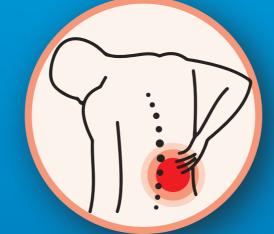
Sore Throat



Headache



Body Aches



Back Pain



Swollen Lymph Nodes

If you experience any of these symptoms, seek urgent medical attention.

Mpox Preventive Measures

Avoid close contact with individuals having Mpox symptoms. Abstain or maintain only one sex partner





Avoid sharing personal items like towels, utensils or clothing



Wear protective gear if caring for someone with Mpox



Wash hands with soap and water or use hand sanitizer when soap is not available



Improve ventilation in shared spaces





















For more information, contact the Ministry of Health hotline at: 719 or 0729 471414 / 0732 353535







